



Let's Eat Healthy Summit

May 23, 2023 | 10:00 am - 2:00 pm


Join us on Zoom at 10:00 AM
(<https://us02web.zoom.us/j/88105572716>)

Summit Objectives:

- Celebrate the success of Let's Eat Healthy Champions and partners
- Identify resources to advance sustainable nutrition through education, ag literacy, food programs and policy
- Be inspired to implement the [Let's Eat Healthy Framework](#) to enhance the health outcomes of California communities

AGENDA

	Welcome: Amy DeLisio, CEO, Dairy Council of California
10:00 AM	Keynote Presentation: A Collective Approach to Transforming California's Food Systems to Advance Nutrition Security Karen Ross, Secretary, California Department of Food and Agriculture
10:30 AM	Introduction of the Let's Eat Healthy Initiative: Sonia Fernandez Arana, Let's Eat Healthy Program Manager, Dairy Council of California
10:45 AM	Transforming CA One Meal at a Time: Kim Frinzell, Director, Nutrition Services Division, California Department of Education
11:00 AM	Break
11:15 AM	Let's Eat Healthy in Action! <ul style="list-style-type: none">• Champion Spotlights and Sharing of Successes• Question and Answer Panel, Bailey Rose, Community Nutrition Manager, Dairy Council of CA
12:10 PM	Sysco's Foodservice Program: Supporting Community Health and Nutrition Culinary Specialist, Chef Brooks Buchanan, Sysco

<p>12:20 PM</p>	<p>Learning Cafés-Facilitated Discussion Sessions</p> <p>Table Topics:</p> <ul style="list-style-type: none"> • How can we advance nutrition security and promote equity for food access? • What are ways to promote sustainability in Farm to School programs? • Where can we expand pathways for nutrition education? • How can we ensure inclusiveness in nutrition education? • What are ways to integrate nutrition in healthcare and academia through collaboration? <p>Learning Café Worksheet</p>	
<p>1:00 PM</p>	<p>Let's Eat Healthy Leadership Award Program: Award Ceremony Alyssa McClelland, Partnerships and Programs, Program Director, Dairy Council of CA</p> <p>2023 Awardees:</p> <ul style="list-style-type: none"> • Alhambra Unified School District Food and Nutrition Services • Vanessa Alvarizares, Imperial County Public Health Department, CalFresh Healthy Living Program • City of Rancho Cucamonga, Healthy RC program • Patty Corona, Olivewood Gardens and Learning Center • Dr. Betty Crocker, RDN, SNS, Redlands Unified School District • Fausat Rahman-Davies, Rialto Unified School District • Kate McDevitt, San Diego Unified School District • Cesar Sauza, RD, AltaMed Health Services 	
<p>1:30 PM</p>	<p>Reflection: Give and Get Activity</p>	<p>Post Summit Evaluation</p> 
<p>2:00 PM</p>	<p><i>Closing Remarks and Adjournment</i></p>	



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