

## Let's Eat Healthy Summit

May 23, 2023 in Sacramento, CA

*Working Together to Promote Nutrition Resilient Communities*



We invite you to the inaugural 2023 Let's Eat Healthy summit, hosted by Dairy Council of California and the Let's Eat Healthy network of champions. Join us for a day packed with motivational best practices and community building featuring speaker, Secretary Karen Ross from the California Department of Food and Agriculture.

Learn about the Let's Eat Healthy Initiative's actionable platform inspiring healthier children and communities.

Through inspirational storytelling and networking opportunities, attendees will gain momentum to identify transformative, nutrition-focused solutions and collaborative partnerships.

### Summit Highlights:

- Keynote speaker: Karen Ross, Secretary, California Department of Food and Agriculture
- Guest speaker: Kim Frinzell, Nutrition Services Director, California Department of Education
- Participate in networking and building of partnerships with Let's Eat Healthy Champions
- Hear from the 2023 Let's Eat Healthy Community Grant Program innovators to learn about local activations and community impacts
- Celebrate the 2023 Let's Eat Healthy Leadership Awardees
- Experience the Mobile Dairy Classroom
- Learn how Sysco supports community health and nutrition through their unique foodservice program
- Enjoy a chef-catered luncheon (in-person only)
- Participate in a fun and educational cheese tasting (in-person only)

# Keynote Speaker



**Karen Ross**

Secretary

California Department of Food and Agriculture



CALIFORNIA DEPARTMENT OF  
Food and Agriculture

**May 23, 2023 | 10:00 am - 3:00 pm**

Early arrival 9:00am for networking and Mobile Dairy Classroom

**Sysco, Sacramento**

**7062 Pacific Ave**

**Pleasant Grove, CA 95668**

(approximately 20 minutes from downtown Sacramento)

In-person (space is limited) | Virtual registration option  
RSVP by April 21, 2023



**Dairy Council of California®**

## Let's Eat Healthy Summit Partners



## Summit Sponsor

