



Let's Eat Healthy Summit
May 23, 2023 | 9:00 am - 3:00 pm

Sysco Facility - North Sacramento
7062 Pacific Avenue, Pleasant Grove, CA 95688

Summit Objectives:

- Celebrate the success of Let's Eat Healthy Champions and partners
- Identify resources to advance sustainable nutrition through education, ag literacy, food programs and policy
- Be inspired to implement the Let's Eat Healthy Framework to enhance the health outcomes of California communities

AGENDA

8:30 AM	Registration and Continental Breakfast
9:00 AM	Experience the Mobile Dairy Classroom Assembly
10:00 AM	Welcome: Amy DeLisio, CEO, Dairy Council of California
	Keynote Presentation: A Collective Approach to Transforming California's Food Systems to Advance Nutrition Security Karen Ross, Secretary, California Department of Food and Agriculture
10:30 AM	Introduction of the Let's Eat Healthy Initiative: Sonia Fernandez Arana, Let's Eat Healthy Program Manager, Dairy Council of California
10:45 AM	Transforming CA One Meal at a Time: Kim Frinzell, Director, Nutrition Services Division, California Department of Education
11:00 AM	Networking Break & Resource Exhibit
11:15 AM	Let's Eat Healthy in Action! <ul style="list-style-type: none">• Champion Spotlights and Sharing of Successes• Question and Answer Panel, Bailey Rose, Community Nutrition Manager, Dairy Council of CA
12:10 PM	Sysco's Foodservice Program: Supporting Community Health and Nutrition Culinary Specialist, Chef Brooks Buchanan, Sysco

AGENDA continued

12:20 PM	Chef Inspired Lunch
1:00 PM	<p>Let's Eat Healthy Leadership Award Program: Award Ceremony Alyssa McClelland, Partnerships and Programs, Program Director, Dairy Council of CA</p> <p>2023 Awardees:</p> <ul style="list-style-type: none"> Alhambra Unified School District Food and Nutrition Services Vanessa Alvarizares, Imperial County Public Health Department, CalFresh Healthy Living Program City of Rancho Cucamonga, Healthy RC program Patty Corona, Olivewood Gardens and Learning Center Dr. Betty Crocker, RDN, SNS, Redlands Unified School District Fausat Rahman-Davies, Rialto Unified School District Kate McDevitt, San Diego Unified School District Cesar Sauza, RD, AltaMed Health Services
1:30 PM	<p>Learning Cafés-Facilitated Discussion Sessions</p> <p>Table Topics:</p> <ul style="list-style-type: none"> How can we advance nutrition security and promote equity for food access? What are ways to promote sustainability in Farm to School programs? Where can we expand pathways for nutrition education? How can we ensure inclusiveness in nutrition education? What are ways to integrate nutrition in healthcare and academia through collaboration?
2:15 PM	California Cheese Tasting with Roxanne O' Brien, Culinary Expert and Cheese Mavin
2:45 PM	Closing Remarks
3:00 PM	<p><i>Adjourn</i> <i>(Optional): Non-hosted happy hour.</i> <i>Please RSVP by May 18. at https://bit.ly/42KAhPT</i></p>

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