Let's Eat Healthy Community of Practice

2024
Food and Nutrition Trends for Educators & Health Professionals

Resources

Trends General Resources:

- **Dairy Councill of California,** *2024 Food & Nutrition Trends for Education & Health Professionals***:** https://www.dairycouncilofca.org/our-insights-impact/trends/2024-trends

- **Let's Eat Healthy Toolkit:** https://www.healthyeating.org/products-and-activities/programs-services/professional-development-advising/leh-toolkit

- **California Planet Smart Dairy video:** https://www.youtube.com/watch?v=e6b1gMza4UE'

- **California Depart of Aging Programs and Services website:** https://calfresh.dss.ca.gov/healthyliving/home

- **Dietary Guidelines for Americans:** https://www.dietaryguidelines.gov/resources/2020-2025-dietary-guidelines-online-materials

AI Resources:

- **California Department of Education,** *Learning With AI, Learning About AI* **web page:** https://www.cde.ca.gov/pd/ca/cs/aiincalifornia.asp

- **California Department of Education,** *Learning With AI, Learning About AI* **Resource Kit:** https://drive.google.com/file/d/198cQixS37swFYnRT7ZCBeePhxhTu5wP6/view

- *State of California Benefits and Risks of Generative AI* **Report:** https://www.govops.ca.gov/wp-content/uploads/sites/11/2023/11/GenAI-EO-1-Report_FINAL.pdf

- *The White House Blueprint for an AI Bill of Rights***:** https://www.whitehouse.gov/ostp/ai-bill-of-rights/

- ***Chat GPT and Future Artificial Intelligence Chatbots: What may be the Influence on Credentialed Nutrition and Dietetics Practitioners?*** **Journal of the Academy of Nutrition and Dietetics, November 2023 article:** https://www.jandonline.org/article/S2212-2672(23)01308-4/pdf

- ***Samsung's New AI Enabled Smart Fridge Can Design Your Recipes Based on Your Dietary Needs.*** **The Verge article:** https://www.theverge.com/2023/12/27/24016939/samsung-2024-ai-family-hub-smart-fridge-features

- ***Going Through Repeated Orders to a Side of AI Speed*** **Cloud Google article:** https://cloud.google.com/blog/transform/wendys-generative-ai-drive-thru-reinvention-worker-freedom

- ***New AI Platform Addresses Challenge of Food Deserts in Low-Income Communities*** **UC San Diego article:** https://today.ucsd.edu/story/new-ai-platform-addresses-challenge-of-food-deserts-in-low-income-communities

- ***AI Food Scanners That Track Nutritional Values Debut at CES*** **NBC video:** https://www.youtube.com/watch?v=8yJd7bXicCY

AI Platforms:

- **Chat GPT:** https://chat.openai.com/

- **Gemini:** https://gemini.google.com/

- **Adobe Firefly:** https://firefly.adobe.com/

- **Canva:** https://www.canva.com/

- **Quick Draw:** https://quickdraw.withgoogle.com/

- **Goblin Tools:** https://goblin.tools/

Contact Information

Presenters:

    Megan Holdaway, RDN
    Nutrition Science Program Manager
    Dairy Council of California
    mholdaway@dairycouncilofca.org

    Katherine Goyette
    Computer Science Coordinator
    California Department of Education
    kgoyette@cde.ca.gov

Let's Eat Healthy Contact:

    Sonia Fernandez Arana, MA
    Let's Eat Healthy Program Manager
    Dairy Council of California
    sfernandez@dairycouncilofca.org