

Dairy Council of California is a nutrition organization working together with champions to elevate the health of children and communities through lifelong healthy eating patterns. Focusing on education and advocacy, dairy ag literacy and collaboration, we advance the health benefits of milk and dairy foods as part of the solution to achieving nutrition security and sustainable food systems.

Who We Are

Dairy Council of CA is a collaborative organization working under the direction of the California Department of Food and Agriculture, funded by California dairy producers and processors and guided by 24 dedicated board members representing the dairy community.

The Let's Eat Healthy initiative invites multidisciplinary coordination, collaboration and co-creation to champion community health by inspiring healthy eating habits and making healthy, wholesome foods accessible and affordable.

Through Let's Eat Healthy, and all of Dairy Council of CA's efforts, we support building lifelong healthy eating patterns and advancing dairy's important role in sustainable nutrition.



Our success is achieved through the following areas:

Education

We believe nutrition education is a continuation of learning experiences that support healthy eating habits that include milk and dairy foods. This means reaching children and families where they learn, live, work and play. While classroom education and our Mobile Dairy Classroom continue to be important avenues for education, we also work closely with health professionals, community resource providers and other champions to implement nutrition education in a variety of community settings.

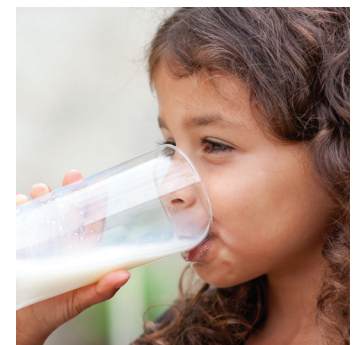


Access

Food insecurity impacts one in six American children.* At the same time, school nutrition programs play an important role in providing equitable access to healthy foods, which can affect children's growth, development and academic achievement. Dairy Council of CA advances food access and nutrition security through the California Local School Wellness Policy Collaborative, the Smarter Lunchrooms Movement of California, the Smarter Mealtimes Movement and more.

Advocacy

Nutrition programs, policies and guidelines are integral to supporting optimal health and nutrition security for children and communities. Dairy Council of CA educates, equips and informs local leaders, policymakers, educators, health and wellness professionals and the dairy community with science-based, relevant and actionable information to ensure milk and dairy foods remain a recommended part of daily healthy food choices. We do this by developing public comments, as well as advancing nutrition science research and thought leadership at podiums, conferences, webinars and other key venues.





Dairy Council of California®



4,036,000

CHILDREN AND FAMILIES EDUCATED



13,178

SCHOOL AND COMMUNITY PARTNERS TEACHING NUTRITION



5,018

SCHOOL, COMMUNITY AND HEALTH PROFESSIONALS TRAINED



341

STAFF-LED EXHIBITS, EVENTS, TRAININGS AND TECHNICAL ADVISING



39

NUTRITION GUIDELINES AND POLICIES INFORMED



296,870

STUDENTS, FAMILIES AND CLASSROOMS EDUCATED THROUGH MOBILE DAIRY CLASSROOM IN-PERSON AND VIRTUALLY

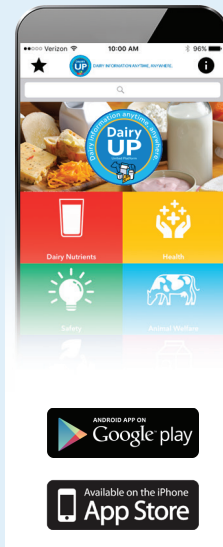
Dairy Council of California
2021-2022
Impacts

Engage With Us

Let's Eat Healthy

Join the Let's Eat Healthy initiative to support children and families and build healthier communities.

SCAN TO JOIN



Dairy UP

Download the free mobile app to access useful dairy information, anytime, anywhere.

Download Dairy UP:
Username: california
Password: pass

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