Lesson	1:	Food	Group	Fun
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Lesson 1:	Standards Currently Listed in Teacher	Supported Standards	Additional Supported
Activity	Guide		Standards
Introduction	CCSS.ELA-LITERACY. SL.3.1	CA CCSS for ELA/LITERACY SL.3.1	
Direct Instruction	CCSS.ELA-LITERACY. SL.3.1	CA CCSS for ELA/LITERACY RI.3.1	
		Rationale for RI. 3.1: Students demonstrate their understanding of food groups by analyzing how a real lunch compares to USDA's MyPlate and a chart describing the food groups.	
Guided Practice	CCSS.ELA-LITERACY. RI.3.1, 2, 3, 4, SL3.1	CA CCSS for ELA/LITERACY RI.3.1, SL.3.1	
		Rationale for RI. 3.1: Students refer to the informational text My Food Groups to ask and answer questions. Students learn that informational text includes images and words.	
Independent Practice	CCSS.ELA- LITERACY.W.3.1 W3.2	CA CCSS for ELA/LITERACY W.3.1, W.3.2	
		Rationale for W3.1: Students explain the reasons why they choose healthy foods using the My Food Groups chart to provide evidence to support their answers.	
Family Connection	CCSS.ELA-LITERACY. RI.3.1,2, 3, 4	CA CCSS for ELA/LITERACY RI.3.1	
Reading	CCSS.ELA- LITERACY.RI.3.1,2, 3, 4		CA CCSS for ELA/LITERACY RL.3.1, RL.3.3, RL3.4
Cafeteria Connection	CCSS.ELA- LITERACY.RI.3.1,2, 3, 4	CA CCSS for ELA/LITERACY RI.3.1	,,

Lesson 1: Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
Group	CCSS.ELA-LITERACY. SL3.1		
Project			

Lesson 2: Nutrient Power + Labels

Lesson 2	Standards Currently Listed in Teacher	Supported Standards	Additional Supported
Activity	Guide		Standards
Introduction	CCSS.ELA- LITERACY.RI.3.1-4, 3.6, 7		
	CCSS.ELA- LITERACY.SL.3.1-4, 3.6		
Direct	CCSS.ELA-LITERACY. RI.3.1-4, 3.6, 7	CA CCSS for ELA/LITERACY RI.3.1, RI.3.4,	
Instruction	CCSS.ELA-LITERACY. SL.3.1-4, 3.6	RI.3.7, SL.3.2	
		Rationale for RI.3.4: Students use their Glossary to determine the meaning of	
		domain-specific words, such as calcium and fiber.	
		Rationale for RI.3.1: Students read the Nutrition Facts labels to answer questions to demonstrate their knowledge of nutrients.	
		Rationale for RI.3.7: Students use information from illustrations and words on the Key Nutrients and Reasons Needed worksheet to demonstrate their understanding.	
Guided	CCSS.ELA-LITERACY. RI.3.7	CA CCSS for ELA/LITERACY RI.3.7, W.3.8,	
Practice	CCSS.ELA- LITERACY.W.3.8		

Lesson 2	Standards Currently Listed in Teacher	Supported Standards	Additional Supported
Activity	Guide		Standards
	CCSS.ELA-LITERACY. SL.3.4-6	Rationale for RI.3.7: from illustrations and words on the Key Nutrients and Reasons Needed worksheet to complete the Key Nutrients worksheet. The information on the Key Nutrients and Reasons Needed in presented in a format that students see in the real world, outside the classroom	
Independent	CCSS.ELA-LITERACY. RI.3.1, 4, 7	CA CCSS for ELA/LITERACY RI.3.1, RI.3.7,	W.3.2
Practice	CCSS.ELA- LITERACY.W.3.1, 8	W.3.8	Rationale for W.3.2: Students use facts from the Compare the Nutrient Facts worksheet to convey information about the nutritional content of food.
Family Connection	CCSS.ELA-LITERACY. RI.3.1,2, 3, 4	CA CCSS for ELA/LITERACY RI.3.4	
Reading	CCSS.ELA- LITERACY.RI.3.1-4 CCSS.ELA- LITERACY.W.3.1, 3.2, 3.4, 3.8	CA CCSS for ELA/LITERACY RI.3.1. RI.3.2, RI.3.4 Rationale for RI.3.2: Students determine the main idea and recount key details of the text "Superfoods." Rationale for RI.3.4: Students determine	CA CCSS for ELA/LITERACY RI.3.7 Rationale for RI.3.7: Students use the illustrations and the words in the text to demonstrate their understanding of
		the meaning of the domain-specific word, superfood, by reading the text.	superfoods.
Cafeteria Connection	CCSS.ELA-LITERACY. RI.3.5, 7,8		

Lesson 2 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
Group	CCSS.ELA-LITERACY. SL.3.1-5, 3.4-6	CA CCSS for ELA/LITERACY SL.3.1	CA CCSS for ELA/LITERACY
Project	CCSS.ELA-LITERACY. RI.3.2		RI.3.7

Lesson 3: Breakfast Blast

Lesson 3	Standards Currently Listed in Teacher	Supported Standards	Additional Supported
Activity	Guide		Standards
Introduction	CCSS.ELA- LITERACY.RI.3.1-4, 3.6, 7	ELA/LITERACY SL.3.1	
	CCSS.ELA- LITERACY.SL.3.1-4, 3.6		
Direct	CCSS.ELA-LITERACY. RI.3.1-4, 3.6, 7	CA CCSS for ELA/LITERACY RI.3.7, SL.3.1,	
Instruction	CCSS.ELA-LITERACY. SL.3.1-4, 3.6	SL.3.6	
Guided	CCSS.ELA-LITERACY. RI.3.7	CA CCSS for ELA/LITERACY SL.3.1, SL.3.6	
Practice	CCSS.ELA- LITERACY.W.3.8		
	CCSS.ELA-LITERACY. SL.3.4-6	Rationale for SL.3.1: Students work in	
		collaborative groups to create and name a	
		healthy breakfast.	
		Rationale for SL.3.6: Students present their	
		ideas to the class, providing details about	
		their breakfast idea.	
Independent	CCSS.ELA-LITERACY. RI.3.1, 4, 7	CA CCSS for ELA/LITERACY W.3.1, W.3.8	
Practice	CCSS.ELA- LITERACY.W.3.1, 8		
		Rational for W.3.1: Students write a short	
		paragraph to explain why they think their	
		breakfast is balanced by providing reasons	
		to support their opinion.	
		Rationale for W.3.8: Students recall	
		information from their workbook pages on	

Lesson 3 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
		the "3 out of 5 model" to write their	
		paragraph.	
Family	CCSS.ELA-LITERACY. RI.3.1,2, 3, 4		
Connection			
Reading	CCSS.ELA- LITERACY.RI.3.1-4	CA CCSS for ELA/LITERACY RI.3.1, RI.3.2	
	CCSS.ELA- LITERACY.W.3.1, 3.2, 3.4,		
	3.8	Rationale for RI.3.2: Students identify the	
		main idea and supporting details in the	
		text "Get Going with Breakfast."	
Cafeteria	CCSS.ELA-LITERACY. RI.3.5, 7,8		
Connection			
Group	CCSS.ELA-LITERACY. SL.3.1-5, 3.4-6	CA CCSS for ELA/LITERACY RL.3.2, SL.3.2,	
Project	CCSS.ELA-LITERACY. RI.3.2	SL.3.4	

Lesson 4: Smart Snacks + Beverages

Lesson 4	Standards Currently Listed in Teacher	Supported Standards	Additional Supported
Activity	Guide		Standards
Introduction	CCSS.ELA- LITERACY.RI.3.1-4, 3.6, 7		
	CCSS.ELA- LITERACY.SL.3.1-4, 3.6		
Direct	CCSS.ELA- LITERACY.RI.3.1-4, 3.6, 7	CA CCSS for ELA/LITERACY RI.3.1, RL.3.7	
Instruction	CCSS.ELA- LITERACY.SL.3.1-4, 3.6		
Guided	CCSS.ELA-LITERACY. RI.3.7	CA CCSS for ELA/LITERACY RL.3.5, RL.3.7,	
Practice	CCSS.ELA- LITERACY.W.3.8	W.3.1, W.3.2, W.3.8, SL.3.4, SL.3.6	
	CCSS.ELA-LITERACY. SL.3.4-6		
		Rationale for SI.3.4: Students first write	
		reasons to support their claim on the	
		Beverage and Snack Chart worksheet.	

Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
		Then, they use relevant facts and domain-	
		specific vocabulary, such as Iron and	
		Vitamin D, to explain their claim the class.	
Independent	CCSS.ELA-LITERACY. RI.3.1, 4, 7	CA CCSS for ELA/LITERACY RI.3.7	
Practice	CCSS.ELA- LITERACY.W.3.1, 8		
		Rationale for RI.3.7: Students use the	
		information from two Nutrition Facts	
		labels to demonstrate their understanding	
		of healthy beverages and snacks.	
Family	CCSS.ELA-LITERACY. RI.3.1,2, 3, 4		CA CCSS for ELA/LITERACY
Connection			W.3.10
			Rationale for W.3.10:
			Students write a short
			narrative to share with their
			class about their family's
			cooking experience. This
			activity reinforces that
			writing is produced for a
			variety of purposes and
			audiences.
Reading	CCSS.ELA- LITERACY.RI.3.1-4		CA CCSS for ELA/LITERACY
	CCSS.ELA- LITERACY.W.3.1, 3.2, 3.4,		RL.3.1, RL.3.3
	3.8		
Cafeteria	CCSS.ELA-LITERACY. RI.3.5, 7,8		CA CCSS for ELA/LITERACY
Connection			W.3.7, W.3.8
Group	CCSS.ELA-LITERACY. SL.3.1-5, 3.4-6	CA CCSS for ELA/LITERACY RI.3.2, SL.3.1,	CA CCSS for ELA/LITERACY
Project	CCSS.ELA-LITERACY. RI.3.2	SL.3.2	W.3.10

Lesson 4 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
			Rationale for W.3.10:
			Students demonstrate what
			they have learned about
			healthy snacks and
			beverages by writing an
			advertisement that requires
			them to focus on the
			audience and the purpose of
			their writing. Students use
			both words and images to
			convey information in their
			advertisement, which is a
			form of writing that requires
			both imagination and factual
			understanding.

Lesson 5: Farm to You

Lesson 5 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
Introduction	CCSS.ELA- LITERACY.RI.3.1-4, 3.6, 7		
	CCSS.ELA- LITERACY.SL.3.1-4, 3.6		
Direct	CCSS.ELA-LITERACY. RI.3.1-4, 3.6, 7	CA CCSS for ELA/LITERACY RI.3.1, RI. 3.4,	,
Instruction	CCSS.ELA-LITERACY. SL.3.1-4, 3.6	SL.3.1, SL3.2	
		Rational for SL.3.2: Students listen as the	
		"There's a Cow Loose in the Cafeteria" is	
		read aloud. They listen attentively to	

Lesson 5 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
		determine and then discuss the main ideas	
		and details and facts of the text.	
Guided	CCSS.ELA-LITERACY. RI.3.1-4, 3.6, 7	CA CCSS for ELA/LITERACY RI.3.1, RI.3.3,	
Practice	CCSS.ELA-LITERACY. SL.3.1-4, 3.6	RI.3.4, RI.3.7, SL.3.1	
		Rationale for RI.3.3: Students use language	
		that pertains to sequence as they describe	
		the farm-to-you food system on the	
		Explore Food Systems worksheet.	
Independent	CCSS.ELA-LITERACY. RI.3.1, 4, 7		
Practice	CCSS.ELA- LITERACY.W.3.1, 8		
Family	CCSS.ELA-LITERACY. RI.3.1,2, 3, 4	CA CCSS for ELA/LITERACY RI.3.1, RL.3.2	CA CCSS for ELA/LITERACY
Connection			SL.3.4
			Rationale for SL.3.4: Students use the pages of their workbooks to recall facts and resources in order to share their new knowledge with their families. They report what they have learned about eating healthy foods by recounting relevant details and using domain-specific vocabulary.
Reading	CCSS.ELA- LITERACY.RI.3.1-4 CCSS.ELA- LITERACY.W.3.1, 3.2, 3.4, 3.8		CA CCSS for ELA/LITERACY RL. 3.1, RL.3.3, 3.4, 3.7

Lesson 5 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
			Rationale for RL.3.1: Students demonstrate their understanding of the text as they explain how the supply of milk in Olivia's Market depends on hay from a hay farm.
			Rationale for RL.3.3: Students describe, using evidence from the text, the characteristics of Emma, the main character in the story.
			Rationale for RL.3.4: Students are asked to distinguish between literal and nonliteral language in the text by explaining the meaning of the phrase, "our heads were spinning."
Cafeteria Connection	CCSS.ELA-LITERACY. RI.3.5, 7,8	CA CCSS for ELA/LITERACY RI.3.5, RI.3.7 Rationale for RI.3.5: Students use the text features of the school menu to find information and identify menu items in their food group.	ELA/LITERACY W.3.8, SL.3.3 Rationale for SL.3.3: Students develop questions about local food to ask in an interview with the school food service staff. During the interview, they ask follow-up

Lesson 5 Activity	Standards Currently Listed in Teacher Guide	Supported Standards	Additional Supported Standards
			questions to obtain
			additional information.
Group	CCSS.ELA-LITERACY. SL.3.1-5, 3.4-6	CA CCSS for ELA/LITERACY RI.3.2, SL.3.1,	
Project	CCSS.ELA-LITERACY. RI.3.2	SL.3.2	