The Food Fair Challenge – Questions

1. a. Write 3 details from the story that describe what Josh needed to know to meet the Food Fair Challenge.

Details:
1. 
2. 
3. 

b. Write 3 details from the story that describe what Josh needed to do to meet the Food Fair Challenge.

Details:
1. 
2. 
3. 

2. a. Josh was a picky eater before he became a more adventurous eater. Explain the change that he made.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

b. What support did Josh have that helped him make the change?

________________________________________________________________________
________________________________________________________________________

3. When Josh said he was “stuck in a rut,” what did he mean?

________________________________________________________________________
________________________________________________________________________
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4. How did the picture and key for MyPlate help Josh meet the Food Fair Challenge?

5. a. Underline the statement that best describes the main message in the story.

   a. There are a lot of different food choices at a food fair.
   b. Kids need to know about foods in each of the five food groups.
   c. The MyPlate guide can help kids put together a healthy meal.
   d. Over time, picky eaters can become adventurous eaters.

   b. Provide 3 details to support your choice.
   1. _____________________________________________
   2. _____________________________________________
   3. _____________________________________________