Who We Are

California Local School Wellness Policy Collaborative is comprised of over 20 organizations committed to supporting schools in creating and implementing strong wellness policies. We hope these resources provide you with the information you need to activate your district’s policy. This edition features the success of Torrance Unified School District Nutrition Services in bringing its wellness policy to life.

Torrance Promotes Health and Wellness

Last school year, Torrance Unified School District (TUSD) successfully updated and revised its district wellness policy. The overarching goal of the TUSD Wellness Policy is to promote health and wellness and to convey positive, consistent messages to all district students. This year, its goal is to assess the impact and feasibility of the policy through a series of assessments. Once the results have been reviewed, the district will be able to determine the strengths and weaknesses of the policy and what areas will need more resources and training. Some of TUSD’s favorite resources include other districts’ wellness policies, California Department of Education's Evaluation Checklist and Understanding Nutrition: Primer.
Module on Key Issues.
—Leeza Lindsay, Assistant SFS Director, TUSD

Read more school foodservice wellness success stories.

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Trainings and Inspiring Videos

Mark your calendar for 2015 California Smarter Lunchrooms Movement trainings!

Watch Meeting and Exceeding Local Control Funding Formula Public Engagement Requirements for engagement strategies, best practices and more.

See California Local School Wellness Policy Collaborative present at CSBA in December.

Motivate your wellness policy committee with HBO’s The Weight of the Nation, the Healthy Schools Program video from Alliance for a Healthier Generation and Robert Wood Johnson Foundation and CA4Health's Healthy Beverages video.

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Resources and Funding

Use new Tips for Teachers from the Centers for Disease Control and Prevention to promote healthy eating and physical activity in the classroom.

Find inspiration in Creative Ways to Advertise and Generate Interest in Your School's Local Wellness Policy.

Learn about creating and enhancing school wellness policies and get tips for creating a successful policy from the Indiana Department of Education.

Read a summary of the requirements in policy implementation under the Healthy, Hunger-Free Kids Act of 2010.

Learn about the U.S. Department of Agriculture’s Administrative Review process in Tom Torlakson’s 2013 letter to county and district superintendents and charter school administrators.
Visit Dairy Council of California's wellness policy clearinghouse to view updated Local School Wellness Policies.

Review California Project LEAN's school wellness tools and resources.

Funding opportunities are now available through Lowe's, and FUTP60 applications open in spring. School garden funding is available through Captain Planet Foundation and the National Gardening Association.

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**Vision**: We inspire school communities to take their wellness policy from paper to practice.

**Mission**: We are a catalyst for school communities and stakeholders to implement highly effective Local School Wellness Policies in California schools to support student health and academic achievement.

To learn more about the California Local School Wellness Policy Collaborative, visit our website!

To unsubscribe please click [here](mailto:unsubscribe@californialocalwellnesspolicy.org)