



A Tooty Ta

Chorus:

(Hands over head and clap)

A tooty ta,
A tooty ta,
A tooty ta ta.

Grains are for "B" and energy for me!

Thumbs Up!

(Stick thumbs up in front of you)

A tooty ta,
A tooty ta,
A tooty ta ta.

Veggies for "A"—great skin and eyes for me!

Elbows back.

A tooty ta,
A tooty ta,
A tooty ta ta.

Fruits are for "C" and healing for me!

Feet apart.

A tooty ta,
A tooty ta,
A tooty ta ta.

Milk for calcium—strong bones and teeth for me!

Legs bent.

A tooty ta,
A tooty ta,
A tooty ta ta.

Meat is protein and strong muscles for me!

A tooty ta,
A tooty ta,
A tooty ta ta.