Here's how we are raising a generation of healthier students!

**YOUR LOCAL WELLNESS POLICY**

- **Skill-Based Nutrition Education**
  - Integrated into academics, teaching students to make nutritious and enjoyable food choices.
  - Family & Community Involvement
  - Professional Development for Teachers

**Physical Education & Physical Activity**

- In addition to required physical education minutes, students will be provided with physical activity opportunities before, during and after school.
- Denying PA as punishment is prohibited

**School Environment**

- Staff and parents are encouraged to be healthy role models.
- All foods and beverages sold to students will follow the new USDA Smart Snacks in School Guidelines.
- Staff are strongly encouraged to use non-branded food & beverages while with students.

- **Smart Rewards**
  - Occasional classroom celebrations will include nutritious foods & beverages.
  - Staff will not use food or beverages as rewards.

Kids who move more and eat healthy are ready to learn!

Contact Nutrition Services before engaging in any food or beverage sales.