



## Kindergarten Teacher Key

### Informational Reading Passage: The Power of Milk

Accompanies *Building a Healthy Me!* Nutrition Program

**Common Core:** RI.K.10 Actively engage in group reading activities with purpose and understanding.

<b>Title of Passage:</b> The Power of Milk	<b>Lexile Level:</b> 480L	<b>Grade: Kindergarten</b>	
<b>Text Type:</b> Informational		<b>Topics/Messages:</b> Dairy group; foods in Dairy group; health benefits of Dairy-group foods	
Questions		Skills	Common Core State Standards – Kindergarten
1. Name the food group that you read about. <b>Dairy</b>		main topic	RI.K.2 With prompting and support, identify the main topic and retell key details of a text.
2. Name one food made with milk. <b>Possible answers: cheese, yogurt, ice cream, pudding</b>		details	RI.K.1 With prompting and support, ask and answer questions about key details in a text.
3. How does drinking milk help your body? <b>Milk makes me strong; milk helps my teeth; milk helps me grow.</b>		connect 2 pieces of information	RI.K.3 With prompting and support, describe the connection between two individuals, events, ideas, or pieces of information in a text.
4. What do all the food pictures have in common? <b>They all show foods that are in the Dairy group.</b>		connect pictures and text	RI.K.7 With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text an illustration depicts).
5. What are <b>healthy foods</b> ? <b>They are foods that help me grow; help me be strong; and help me run, jump and play.</b>		vocabulary	L.K.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.