



## Kindergarten Teacher Key

### Informational Reading Passage: Protein Group

Accompanies *Building a Healthy Me!* Nutrition Program

**Common Core:** RI.K.10 Actively engage in group reading activities with purpose and understanding.

Title of Passage: Protein Group	Lexile Level: 380L	Grade: Kindergarten	
Text Type: Informational		Topics/Messages: Protein group; foods in Protein group; health benefits of Protein food-group foods	
Questions		Skills	Common Core State Standards - Kindergarten
1. Name the food group that you read about. <b>Protein</b>		main topic	RI.K.2 With prompting and support, identify the main topic and retell key details of a text.
2. Name one food that comes from plants. <b>Possible answers: refried beans, peas, almonds, sunflower seeds</b> Name one food that comes from animals. <b>Possible answers: ground beef, eggs, drumstick, tuna</b>		details	RI.K.1 With prompting and support, ask and answer questions about key details in a text.
3. You need food and _____ to build strong muscles. <b>exercise</b>		connect 2 pieces of information	RI.K.3 With prompting and support, describe the connection between two individuals, events, ideas, or pieces of information in a text.
4. What do the 2 groups of pictures show? <b>They show protein foods from animals and protein foods from plants—foods in the Protein group.</b>		connect pictures and text	RI.K.7 With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text an illustration depicts).
5. What is a <b>healthy</b> food? <b>It is food that helps build strong muscles.</b>		vocabulary	L.K.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.