

Kindergarten Teacher Key
Literary Reading Passage: The Healthy 5

Accompanies *Building a Healthy Me!* Nutrition Program

Common Core: RL.K.10 Actively engage in group reading activities with purpose and understanding.

Title of Passage: The Healthy 5	Lexile Level: N/A*	Grade: Kindergarten	
Text Type: Literary (Poem) Note: Also in a strip booklet format.		Topics/Messages: 5 food groups; food in the 5 food groups; benefits of eating healthy food	
Questions		Skills	Common Core State Standards - Kindergarten
1: Is The Healthy 5 a poem or a story? <i>poem</i>		recognize a poem	RL.K.5 Recognize common types of texts (e.g., storybooks, poems).
2. Write a word that rhymes with each of these words. run _____ cheese _____ new _____ grow _____ peas _____ <i>Possible answers: run/fun; cheese/please; new/blue; grow/know; peas/please</i>		rhyming words	RF.K.2a Recognize and produce rhyming words.
3: How many food groups are there? 5		details	RL.K.1 With prompting and support, ask and answer questions about key details in a text.
4: Why are the boxes different colors? <i>Each color is for a different food group.</i>		relationship of colored boxes to the food groups	RL.K.7 With prompting and support, describe the relationship between illustrations and the story in which they appear (e.g., what moment in a story an illustration depicts).
5: Name the healthy 5 . <i>The 5 food groups have healthy food: Dairy, Vegetables, Fruits, Grains and Protein.</i>		meaning of “healthy 5”	L.K.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.

*Leveling Note: N/A = quantitative leveling is not appropriate for this poem. Qualitative measures were used for leveling.

“Certain measures are less valid or inappropriate for certain kinds of texts. Current quantitative measures are suitable for prose and dramatic texts. Until such time as quantitative tools for capturing poetry’s difficulty are developed, determining whether a poem is appropriately complex for a given grade or grade band will necessarily be a matter of a qualitative assessment meshed with reader-task considerations.” (Appendix A, Common Core ELA/Literacy, pg. 8)